

PROGRAMMING

Our Ft. Lauderdale location offers a non-traditional, level 1 residential program for individuals with higher acuity symptoms and provides stabilization, evaluation and residential treatment for those with chronic and acute mental health and/or substance use disorders. Lifeskills South Florida has a full continuum of psychiatric care through multiple locations in Florida.

This campus provides a closely supervised, structured, and supportive therapeutic environment with 24/7 nursing support. In a safe and tranquil setting, the facility includes a pool, private outdoor spaces, and a chef on site to create menus based on our clients' nutritional needs.

WHAT WE TREAT

- **Content Thought Disorders** including Obsessive Compulsive Disorder (OCD), Delusional Disorders, and Bipolar Disorder
- **Formal Thought Disorders** including Schizophrenia, Schizoaffective Disorder, and Substance-Induced Psychotic Disorder
- **Personality Disorders** including Borderline Personality Disorder (BPD) with Extreme/Chronic Distress
- **Mood Disorders**, including Major Depressive Disorder and Major Anxiety with Panic Disorder



CLINICAL PATHWAYS

- Acute Psychiatric Care/Medical Support
- Chemical Dependency
- Dialectical Behavioral Therapy (DBT)
- Managing OCD
- Metabolic Fitness



ADMISSIONS PROCESS

We have an integrated and experienced admissions team available to assess and guide individuals to clinically and financially aligned services. Our team connects callers to our diversified services at Lifeskills or to our external, trusted clinical provider network.

1. To begin the admissions process, the client, their family member, or an engaged clinical provider, calls Lifeskills to provide clinical and financial information to determine eligibility. At this time, medical records will be requested.
2. Based on appropriateness, a phone assessment with the client, or designee, is scheduled.
3. If it is determined that Lifeskills is the right clinical and financial fit, an admissions date will be secured.
4. If Lifeskills is not found to be the appropriate placement, we will provide referrals to high-quality, trusted providers aligned with the clinical and financial requirements needed.



“As a premier dually licensed provider of treatment for complex psychiatric and substance use disorders, we recognized the increasing need in South Florida for level 1 residential treatment services. We’re proud to have met the acute needs of those we serve by expanding our continuum of care in Ft. Lauderdale.”

Klay Weaver
Chief Executive Officer

Lifeskills
SOUTH FLORIDA

Lifeskills South Florida
4841 NE 20th Avenue
Fort Lauderdale, FL 33308

lifeskillssouthflorida.com

For Admissions, call
917.540.2899

 **Odyssey**
PSYCHIATRIC NETWORK

Lifeskills South Florida is a proud part of
the Odyssey Psychiatric Network.